Women – Yesterday, Today, Tomorrow $\stackrel{*}{\leftrightarrow}$ On July 24th, 2024, the Punith Endowment Lecture presented an enlightening session on "Women – Yesterday, Today, Tomorrow. The esteemed Chief Guest was Dr. G Sujatha, Asst. Prof. & Head, Dept. of Tamil, D.K.M College, Vellore. The session began with inspiring speeches from Dr. Meenakshi V R., Dr. (Sr.) Mary Josephine Rani A., Dr. (Sr.) Arokia Jayaceli, Dr. (Sr.) Amala Valarmathy A., and Dr. Senthil Selvi G. The discussions highlighted the significant progress and ongoing challenges women face, emphasizing the importance of continued empowerment and support.